



**The discipline of Lent calls us to prayer, fasting and almsgiving. Gathering as a faith community and incorporating this process, it is hoped that we will become more sensitive to the various needs of our brothers and sisters.**

**Our parish this year will offer you the opportunity to come to the help of the hungry and homeless people in and around our neighborhood by asking you to bring a variety of food articles to church on weekends.**

**The article of food for each weekend is listed below:**

|                              |                    |  |
|------------------------------|--------------------|--|
| <b>1<sup>st</sup> Sunday</b> | <b>February 18</b> | <b>Cereal and Peanut butter and Jelly</b>                        |
| <b>2<sup>nd</sup> Sunday</b> | <b>February 25</b> | <b>Pasta and Pasta Sauce</b>                                     |
| <b>3<sup>rd</sup> Sunday</b> | <b>March 4</b>     | <b>Canned Vegetables – Soups - Coffee</b>                        |
| <b>4<sup>th</sup> Sunday</b> | <b>March 11</b>    | <b>Canned Meats and Tuna Fish,<br/>Canned Fruits ( in juice)</b> |
| <b>5<sup>th</sup> Sunday</b> | <b>March 18</b>    | <b>Personal Products</b>   |
| <b>6<sup>th</sup> Sunday</b> | <b>March 25</b>    | <b>Paper Products</b>  |

**(personal products include such products as: shaving cream, blades, tooth paste, combs, shampoo, deodorant, soap, crème rinse, Listerine, band aids, baby products, diapers, etc.)**

**(paper products include such items as: toilet paper, paper towels, napkins, diapers, Kleenex, etc.)**

**Upon arrival to church, go directly to the Blessed Mother altar and place your article for the week.**

**Please take this flyer home with you and use it for reference.**